

Create Opportunities For Engagement

BE MINDFUL

What new idea or approach have you discovered? How are you reaching for curiosity instead of judgment about preconceived ideas?

BE PLAYFUL

What's sparking your interest? What are you creatively experimenting with? What new discoveries are you sharing?

SPOT STRENGTHS

What lit you up last week?
What are you looking forward to this week?
How are you putting your strengths to work?

DEVELOP STRENGTHS

Do you need to dial up your strengths to boost your confidence? Do you need to dial down your strengths to avoid burning yourself out?

GIVE FEEDBACK

What strengths have you seen someone using? What positive impact did their strengths have? How can they keep building on these?